



16 MarCheshvan/ October 31, 2023
Issue #2

Our lives have all been shaken by the tragic events unfolding in Eretz Yisroel. We all feel compelled to do whatever we can to be *nosei be'ol*, to feel the pain of our brothers in sisters in E"Y, and to help out in any way that we can. At Bais Yaakov, the girls continue to say together the three perokim of Tehillim that are being said by Klal Yisroel the world over. The girls have taken on *kabalos* as a school - being more focused on saying *brachos acharonos*, and doing a *machsom lefi* together during lunch. They participated in a Tehillim-a-Thon, saying and learning Tehillim, and raising money to send to E"Y. In addition, many girls are saying more Tehillim on their own, are continuing their *kabalos* from the beginning of the year, and have taken on the new I Own It challenges. After the morning Tehillim, we often share *divrei chizuk* regarding the situation in E"Y. We daven and hope that the *Ribono shel Olam* will look with favor at the *teshuva*, *tefilla*, and *tzedakah* of His beloved nation, and will bring the *geula* very soon.



Friday, Shabbos - November 17, 18
Bais Yaakov Shabbaton

Monday evening, November 20
Parent-Teacher Conferences

Thursday, November 23
Thanksgiving - Half-day, A.M.

Friday, November 24
No School

Monday evening, November 27
Parent-Teacher Conferences

Thursday, November 30
End of Trimester I



L'MAAN DAAS - FILL YOUR "KUP"

by Mrs. Esti Shurpin, L'maan Daas Coordinator

Exciting things are happening in Bais Yaakov with the start of L'maan Daas! Girls will learn six concepts a week and will be tested cumulatively to "fill their kup" with Jewish knowledge. Every 24 facts earns a line to fill the cups on the back of our L'maan Daas sweaters (coming soon!).

Quizzes will be weekly on Tuesdays, with bonus options to win a "kup'l" extra rewards too!

11TH-12TH GRADE SHABBOS RESEARCH PAPER

by Miss Heather Nussbaum, Research Paper Coordinator

The 11th and 12th grade girls have been working very hard on their research paper, which was introduced at the beginning of the year. Throughout the year, the girls will research various aspects of Shabbos and gain a deeper understanding of this special mitzvah.

For the first phase of the report, the girls were given a list of Mekoros - sources from the Torah - that discuss Shabbos in various places in Tanach. Their

assignment was to choose ten Mekoros in total and explain all the Sheilos and Teshuvos (questions and answers) of the Rashis related to Shabbos. The girls also were required to choose two Meforshim (commentaries) for each Mekor, and explain them. The girls had the opportunity to come to school two evenings to work on the mekoros together with staff members and alumni.

Our hope is that as the girls move through the report, they gain knowledge and skills, along with a deeper appreciation for the meaning and beauty of Shabbos.

STANDARDIZED TESTS AT BAIS YAAKOV

As an accredited high school, Bais Yaakov has worked with Ms. Amy Harnack, our testing coordinator, to provide PSAT and SAT testing on site, following the highest levels of testing integrity standards. For the first time, these tests were administered digitally. Prior to taking the PSAT and SAT, each class was prepared for the English and Math segments of review tests by their teachers to allow them to be familiar with the challenging format. The tests were administered on October 26, with results expected mid-December, at which point, Ms. Harnack will review the results with each student. Though the test is a lengthy one, the girls demonstrated tremendous persistence! The data collected from the tests enables the measurement of each individual's growth over the course of her high school years and opens opportunities for scholarships

INDIVIDUALIZED SUPPORT AT BAIS YAAKOV

A tremendous focus of Bais Yaakov is to ensure that each student receives individualized attention and care, both in the classroom and beyond. Providing support in areas of learning that are challenging, tracking classes for Chumash and Math, creating enrichment opportunities, working on study skills and executive functioning skills are some of the ways our devoted staff helps each student achieve.

TEHILLIM-A-THON

by Miss Devora Cohen, G.O. Advisor

This week the Bais Yaakov girls harnessed the power of Tefillah and Tzedaka with the help of the community members and their extended families. Not only was Tehillim said and learned with much concentration, but also Tzedaka for United Hatzalah and Agudah's Acheinu was simultaneously being raised! As a school we finished Tehillim approximately six times! After pouring out our hearts in Tefilla, we sat around the fire and had a kumsitz, with songs based on the timeless words of Tehillim. Thank you to Mrs. Mintz, Miss Rivka Engelson, Rebbetzin Gibber, and Miss Heather Nussbaum, for enlightening us and teaching us about the Perakim of Tehillim that pertain to times of Tzara. Thank you to our amazing G.O. heads who took on this task of creating a night of inspiration that will forever remain in our hearts! What a beautiful and uplifting night!

Spotlight on Bekius

by Mrs. Waxman

מתן תורה nearly a year after ספר במדבר opens in סיני. The משכן is newly erected and Hashem has come to rest His שכנה in our midst. We learned how the רמב"ן explains that משכן was a "continuation" of הר סיני. We explored a משל comparing the experience of our sojourn-where we developed as the Eternal עם התורה - to the development of a baby in the womb. We are presently studying the דגלים, the Divinely-directed divisions -and flags- that guided Bnei Yisrael's formation for encampment and travel. Each student is designing a דגל-flag, representing one of the שבטים, which she will present to the class, explaining its theme and color. We are excited to see the girls' creations!

Spotlight on Science

by Mrs. Heather Klassen

We are off to a great start in Science! In Biology, the 9th and 10th grade students are wrapping up their studies on Biomolecules. We took on the role of food scientists in the lab where we used chemical indicators to test various foods for sugar, starch, fat and protein! In Anatomy and Physiology, the 11th and 12th grade students just completed their unit on Histology. They studied the many types of tissues found in the human body and, using a microscope, evaluated samples of kidney, lung and intestine, as well as tissue sampled from their own mouths! We look forward to making more amazing discoveries in Science this year!

Extra Curricular

G.O BREAKOUT

Tamar Chodos and Rachel Ghermezian, G.O. Heads

The G.O. theme this year is: "G.O. on the GO - *Lemaala Min Hateva*." G.O broke out their theme song and dance in such a fun and exciting way. After singing the more upbeat G.O. Theme Song, Mrs Mintz led an inspirational kumzitz highlighting how the Yidden turn to Hashem in every Tzara that we endure. This was the perfect balance of serving Hashem with Simcha while also gaining Chizuk during this difficult situation. We can't wait for the next G.O event!!! A huge thank you

to Miss Devora Cohen, G.O. Advisor, and to Mrs. Berkowitz, Extra-Curricular Coordinator. Thank you also to all the girls helped out along the way.



I OWN IT BREAKOUT

by Yael Ghermezian, Sarah Idstein, and Sarale Mayer, *I Own It Heads*.

On Friday, Parshas Noach, we broke out the I Own It program, which encourages the girls to take on challenges and grow together. The theme for the year is: *I Own It is your 'Best Buy!'* In a magnificently decorated room, girls heard an explanation of the theme and played an exciting game related to 'Best Buy.' On Tuesday each girl received a booklet and was introduced to the first phase of the challenge! Thank you to Mrs. Aviva Crystal, Miss Brochie Spar, I Own It Advisors.



CHESED BREAKOUT

by Dena Kupfer, Sarah Leah Schulman, *Chessed Heads*

The theme for Chessed this year is: "Oh, the חסד you can do!" - "אם אין אני לי מי לי". We spoke about expanding our אני to include not just ourselves, but everyone around us. We all said brachos out loud as a זכות for the situation in Eretz Yisroel. Thank you to Chessed Advisor, Mrs. Chasida Fertel.



CHESED PANEL

On Friday, Parshas Lech Lecho, Mrs. Waxman arranged an amazing panel on the topic of our חסד. We discussed a חסד mindset, the concept of giving is receiving

and receiving is giving, going out of our comfort zone, and making a commitment and being consistent. We learned a lot from what the panelist had to share! Thank you to Mrs. Waxman and thank you to our chashuva panelists - Mrs. Aviva Crystal, Mrs. Mindy Daitchman, Mrs. Chasida Fertel, Mrs. Adina Kutoff, Mrs. Heidi Pergament, Mrs. Tzippy Weinberg

MISHMERES CONVENTION

by Rena Mandelbaum, Chaya Prero, Esty Shertok

This past Shabbos, Parshas Lech Lecho, the BYTC Mishmeres heads traveled to South Fallsburg, NY, to participate in the annual Mishmeres Heads Convention. We had an amazing Shabbos experience together with Mishmeres heads from 47 different schools across America. We heard divrei chizuk and uplifting stories, and were inspired by the panel discussions. We sang together with over 200 Bais Yaakov girls. The whole experience made us feel energized, eager to come back home and run Mishmeres with a whole new twist for our school's benefit. We learned what it means to be a leader and take achrayus for this wonderful job we were given to make Mishmeres the best it can be in our school.

Big Sister-Little Sister

by Batsheva Fried, Ariella Greenberg, Rochel Spiro

Big Sister-Little Sister is off to a great start this year, with our very first event last Tuesday, October 24. Ninth, eleventh, and twelfth graders had a great time with their sisters while making friendship bracelets and enjoying a delicious lunch. Thank you to Mrs. Fertel for coordinating, advising, and making this event a great success.



Mazel Tov to our Alumni

- Abby Portnoy on her engagement to Eli Hirsch. Mazel Tov to Mr and Mrs Alex Portnoy and to the entire mishpacha.
- Sara Nava Weiss on her engagement to Travis Melamed. Mazel Tov to Mr. and Mrs. Dov Wroslavsky and the entire mishpacha.
- Chaya Silverberg on her engagement to Mendel Rosenfeld. Mazel Tov to Rabbi and Mrs. Dovid Silverberg, Bryna, and the entire mishpacha. Mazel Tov to the grandparents, Rabbi and Mrs. Ephraim Silverberg.
- Yocheved Silverberg to Nuchi Apfel. Mazel Tov to Mr. and Mrs. Aryeh Leib Silverberg and the entire mishpacha. Mazel Tov to the grandparents Rabbi and Mrs. Ephraim Silverberg.
- Rabbi and Mrs. Zecharia and Shoshie (Miller) Rubin on the birth of a baby girl. Mazel Tov to Mr. and Mrs. Albert Miller and the entire mishpacha.

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